



**STORY FILING TEMPLATE**  
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**WRITER BYLINE:** Nichelle Suzanne

**TITLE TAG:** 10 Signs You're Obsessed With Dance

**ARTICLE KEYWORDS:** dance lifestyle, dance movies, dance performance,

**PAGE TITLE/HEADLINE:** 10 Things Only Dance Obsessed People Understand

**DESCRIPTION/SUBHEAD:** Are you obsessed with dance? Nodding your head to the 10 things on our list is a good sign that you are. Check it out and decide for yourself.

**BODY COPY:**

There's no shame in the number of times you've watched Dirty Dancing or that every time you enter a dance store for one thing, you come out with seven. Perhaps your fascination with all things dance is a little more than casual but you aren't alone! Here are 10 things that truly dance obsessed people, like you, will understand:

**1 -- That dance is a valid excuse for getting out of practically anything.** You want me to go where? I can't, I have a dance thing.

**2 -- That dance is always in season, even if your calendar is a little off.** As a dance lover, you start thinking about holiday performances in summer and summer dance intensives in winter. You think about your spring show choreography in fall and your fall auditions in spring.

**3 -- That a "keeper" is someone willing to sit through a three-act dance performance with you.** If a person wants to be in your life, a little numbness of the derrière is to be expected. At least the theater doesn't have bleacher seating.

**4 -- That dance movies are a double-edged sword.** In a dance movie the dancers are usually driven but crazy, beautiful but bad-tempered, and though the dance world is shown as tough and competitive, even people with very little training can walk into a dance audition and pull it off. But a movie all about dance?!? Yes, please!

**5 -- That it's perfectly normal to fixate on someone's feet, neck length, or degree of turnout.** It is normal, right? You can't tell anymore.

**6 -- That kitchen floors offer the least resistance for turning than anywhere else in the home.** You've tried every other room in the house.

**7 -- That dance is a financial priority.** In your budget it has its own column and falls somewhere below housing but probably above things like food and clothing.

**8 -- That it's possible to spend several days bingeing on dance films, documentaries, and shows via Netflix and that a dance search on YouTube is like sailing into the Bermuda Triangle.** Your loved ones may be planning an intervention.

**9 -- That dancers are cooler than superheroes.** Sure, superheroes wear tights but dancers change costumes faster than Superman, dancers turn – Wonder Woman just spins and, though they're both called to the spotlight, dancers are even more dedicated to their work than Batman.

**10 -- That there's no such thing as "background music".** You are stepping, grooving, or making up dances to that beat, even if you keep it to yourself to appear "normal."

There's no point in fighting it, embrace your obsession with dance!

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**SUGGESTED SOCIAL POST:** Are you obsessed with dance? If you can relate to these 10 things on our list there's a good chance you are.